



BUSINESS
CARD




Chartwells
Eat · Learn · Live

BREAKFAST STARTERS

Studies show that starting out the day with a balanced breakfast provides the energy you need to keep you sharp and alert throughout the morning. Here are a few to get you started.

◆ **ASSORTED BREAKFAST BREADS AND PASTRIES**

A fresh assortment of breads and pastries.

◆ **BACON, EGG AND CHEESE BISCUIT**

A great way to start the day's meeting with a hot breakfast sandwich.

◆ **PASTRY BREADS TRAY**

Mini muffins, Danishes and bagels; served with cream cheese.

◆ **DELIGHTFUL DANISHES**

An assortment of fresh fruit Danishes.

◆ **FRESH FRUIT PARFAITS**

Individual yogurt parfaits served with fresh fruits and granola.

◆ **HAM AND CHEESE BREAKFAST BURRITOS**

Spice up the morning with a breakfast burrito. Offered individually wrapped or buffet style.

◆ **SWEET BREADS PLATTER**

A gourmet pastry tray with banana nut, poppy seed and orange breads, served with petite bagels and an assortment of cream cheeses and fresh fruit.

◆ **HOT SAUSAGE AND EGG CROISSANTS**

Another great way to start the day.

◆ **MOUNTAIN OF BAGELS**

Mini-bagels offered with cream cheese and jellies.



LIGHT SNACKS & APPETIZERS

Here are some great items to complement your lunch, or to just go easy on your appetite.

- ◆ **VEGETABLES AND ASSORTED DIPS PLATTER**
All the freshest vegetables offered with the dips of your choice.
- ◆ **FRESH SALSA AND CHIPS**
Nothing starts off a meal like chips and salsa.
- ◆ **FRESH FRUIT PLATTERS**
Seasonal fresh fruits ready to eat.
- ◆ **BOURSIN CHEESE AND CRACKERS**
Served with crackers and grapes.
- ◆ **BRIE AND CRACKERS**
Served warm with crackers.
- ◆ **HUMMUS AND PITA CHIPS**
A healthy snack for all to enjoy.
- ◆ **MARINATED TORTELLINI AND MUSHROOM K-BOBS**
Italian marinated tortellini and mushrooms served on a skewer.

- ◆ **ROAST BEEF ON CROSTINI ROUNDS**
A tasty roast beef dip served with fresh crostini bread.
- ◆ **ANTIPASTO PLATTER**
Layered meats and cheeses served with fresh vegetables marinated with olive oil and Italian seasonings.
- ◆ **ASIAN CHICKEN LETTUCE CUPS**
Diced chicken with water chestnuts, onion and bamboo shoots served inside a lettuce cup. Served with a tangy Asian sauce for dipping.
- ◆ **OLIVE PESTO CROSTINI**
A tangy olive pesto sauce served with fresh crostini bread.
- ◆ **SHRIMP BOWL WITH SAUCE**
Chilled shrimp served with cocktail sauce. Please specify how many people you want to serve.
- ◆ **SIDE SALADS (tortellini and mushrooms)**
Specialty pasta salads to complete your lunch.



SANDWICHES & WRAPS

We offer a large variety of freshly made sandwiches and wraps, served with our fresh-baked breads or any flavor wraps. We'll display them on a platter for you, or serve as a box lunch, with a beverage, chips and fruit.

◆ BUFFALO CHICKEN WRAP

A spicy favorite! Buffalo-spiced chicken with green peppers, celery cooled with bleu cheese dressing wrapped in a tortilla.

◆ CHICKEN CAESAR WRAP

Fresh chicken in a Caesar dressing wrapped with lettuce, tomatoes, olives and Parmesan cheese.

◆ TURKEY CLUB WRAP

Everything you've wanted in a club sandwich, just wrapped up (bow not included).

◆ CHICKEN SALAD

Another healthy alternative. Fresh chicken salad the way mom used to make it.

◆ TUNA SALAD

Our Balanced Choices specialty. Fresh tuna salad, served as a wrap or on the bread of your choice.

◆ ITALIAN HERO SANDWICH

A real Italian specialty! Ham, salami, prosciutto, mortadella, cappicola and provolone cheese with lettuce and onions; drizzled with balsamic vinaigrette dressing.

◆ CHICKEN MEDITERRANEAN WRAP

Something out of the ordinary! Grilled chicken breast, crumbled feta cheese, tomatoes, onions, olives and lettuce, served in a herb pita bread. Substitute chicken for ham if you like.

◆ SMOKED TURKEY CLUB SANDWICH

This triple-decker sandwich has plenty of turkey, bacon, lettuce and tomato. for the larger appetite.

◆ SPICY ROAST BEEF FOCACCIA

Roast beef and cheese with a homemade spicy horseradish mayonnaise.

◆ PORTABELLA MUSHROOM WRAP

Fresh portabella mushrooms, onions, peppers, cheese and spinach with vinaigrette dressing.



{HOT MEALS}

This isn't your ordinary hot lunch catering. We'll bring it to you hot and ready to eat!

◆ CHICKEN SATAY

Skewered seasoned chicken with pineapple and dipping sauces. If chicken isn't on your mind, we also offer beef and shrimp.

◆ PIZZA

This is always a fan favorite! Our homemade Chartwells pizza easily beats the typical delivery-style. Name your toppings, we'll put them on for you.

◆ BRUCHETTA PIZZA

Another creative masterpiece! A homemade sauceless pizza with cheese and tomatoes.

◆ STROMBOLI

While we're in the moment, another Italian specialty everyone loves.

◆ CALZONES

Any way you want them, we'll make them home-made especially for you.

◆ PORTABELLA ALFREDO LASAGNA

Portabella mushrooms in a creamy Alfredo sauce lasagna.

◆ CHICKEN QUESADILLAS

Fresh chicken loaded in a crisp tortilla shell with cheese, peppers and onions.



{SALADS}

How about a gourmet salad to jazz up your lunch? Below are a variety of salad meals we offer. We can also customize a salad to your liking.

◆ BLACKENED CHICKEN SALAD

Cajun-seasoned chicken atop a bed of lettuce with diced tomatoes, eggs and cheese. Served with choice of dressings.

◆ ITALIAN CHOPPED SALAD

Salami, turkey, shredded mozzarella and provolone cheese, garbanzo beans and ripe olives cover a bed of fresh lettuce. Served with fresh grapes and an Italian crusted roll.

◆ STRAWBERRY CHICKEN SALAD

Mixed greens and spinach topped with chicken, fresh strawberries, pineapple and mandarin oranges. Accompanied with a mini muffin and served with a raspberry vinaigrette dressing.

◆ TURKEY CLUB WEDGE SALAD

A wedge of iceberg lettuce topped with turkey, onion, tomatoes, bacon and cheese. Served with a dinner roll.



DESSERTS

For a mid-afternoon break or to take home for a special event, we offer some tasty desserts that will surely put a smile on everyone's face.

◆ JUMBO PARTY COOKIE

Perfect for the classroom or the boardroom. We will also decorate for you if you request.

◆ PEANUT BUTTER KISSES PULL-A-PART COOKIES

A jumbo peanut butter cookie topped with a chocolate kiss.

◆ BAKED CARAMEL APPLE-WALNUT PIE

Hot caramel drizzled on top of the apple pie. If you don't fancy walnuts, we'll bake without.

◆ CHOCOLATE NO-BAKE COOKIES

A true classic anytime of the year. We'll even make them as cookie bars if you'd like.

◆ TURTLE BROWNIE

Freshly baked and drizzled with melted caramel.

◆ ANGEL FOOD CAKE

Served with fresh fruit.

◆ CARROT CAKE

Carrots aren't only good for the eyesight, but tasty as well...

◆ FRUIT TOPPED CHEESECAKE

Fresh cheesecake with seasonal fruit toppings.

◆ RASPBERRY TORTE

Another delectable dessert. We'll slice it for your group or you can take it home for all to enjoy.

◆ STRAWBERRY PIE

Fresh strawberries in every bite. Serve it up here or take one home with you.

◆ POUND CAKE BASKET WITH FRUIT

A lighter side of dessert. Fresh fruit complimented with pound cake.

◆ YOGURT CUPCAKES

Fresh-baked cupcakes with a healthier twist.

◆ EDIBLE PUDDING/MOUSSE CHOCOLATE CUPS

◆ DESSERT PLATTER

Let us create a spread with our favorite desserts for all to enjoy.

